

Paperweight Perspective

Paperlite



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Launched in 2010, Paperweight's aim was to provide practical guidance and support in a variety of legal, financial and bureaucratic matters, to those in crisis in the Jewish community. Thus, lifting the weight from our clients' shoulders and give them the confidence to carry on.

However, over a time, our experience has shown that for a variety of reasons, there are those who although not any specific crisis, would greatly benefit from longer term assistance. Those who are finding the regular administrative tasks insurmountable, leading to unwelcome, additional pressure and intrusion in what can feel like a bureaucratic and impersonal world.

Paperlite was introduced for people who need that little extra light-touch help on a regular, long-term basis. Just £25 charitable donation (waived if you are in receipt of a means-tested benefit), will

cover a 1.5 hours monthly maintenance visit.

Designated caseworkers visit clients on a monthly basis to:

- ensure your health and welfare appointments are up to date
- discuss any issues and provide a listening ear
- check all post is opened and dealt with as appropriate
- ensure that all regular payments are up to date
- check all utility accounts
- Help with exploring the best deals via comparison websites to ensure they have the best energy, broadband, insurance etc. deals and help switch suppliers if necessary.

Paperlite clients are generally not in a crisis situation but feel overwhelmed by paperwork and want an ongoing and regular friendly, helping hand to stop their household administration and related matters from getting out of control.

In many relationships, one partner often takes responsibility for handling the finances and general household bureaucracy, and when they are no longer in a position to take on this role, the remaining partner may be left feeling very anxious and overwhelmed. Which in turn can lead to real physical and mental ill health. Paperlite's unique programme can relieve all of this.

A call to Paperweight's Helpline so that details can be taken will ensure that a

caseworker is assigned. The caseworker will arrange to visit the client in their home at a mutually convenient time, to talk through all the various papers and worries. In return the client immediately feels relaxed and at ease, knowing that they have someone by their side to help them every step of the way. Over a time, they will get to know one another and the Paperlite service will prove invaluable.

We are able to provide in-person meetings across much of London, Manchester and Gateshead, and anywhere in the UK over Zoom. Our clients range in age from their 20s to their 90s and all have found themselves in circumstances beyond their control and unable to cope with life's daily ups and downs, particularly where organising their domestic affairs is concerned. Paperweight and Paperlite offer time, guidance, confidentiality, experience and a good deal of common sense. We will also endeavour to teach them how to navigate their way through the bureaucratic maze. We will steer our clients and give them the confidence to carry on with their lives.

How precious is that!

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Debt-negotiating, court-attending, benefits-advising, law-guiding, tribunal-accompanying, hand-holding, rights-advocating, landlord-challenging and people-empowering.

Your situation may involve any of these tasks, and more. Whatever your administrative, legal or financial problems, our 200 caseworkers, based in London, Manchester and Gateshead, have the expertise to help. And it's all free of charge.

To access our services or to make a donation to support our work, call 0330 174 4300 or visit paperweight.org.uk

[instagram.com/paperweighttrustlondon](https://www.instagram.com/paperweighttrustlondon) [facebook.com/WeArePaperweight](https://www.facebook.com/WeArePaperweight)

paperweight

Don't get overwhelmed, get help.

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