

Paperlite

When you need a regular helping hand...

Paperlite is our service for people who want some light-touch help on a regular basis.

Just a small monthly contribution will cover a two hour monthly maintenance visit, during which time we will:

- check up on your paperwork and talk through any issues you may be having with your domestic administration
- make sure your health and welfare appointments with other service providers are up to date
- provide a listening ear
- confirm all your regular payments, e.g. utilities, have been made on time
- run through your post with you
- ensure all income and benefits have been received

Paperlite can also be appropriate for those who are not in a crisis situation, but would benefit from a friendly, helping hand with their paperwork once in a while.

paperweight

Guide. Advocate. Resolve.

To access our free services or to make a donation to support our work, please call **0330 174 4300**; email **info@paperweight.org.uk** or visit **paperweight.org.uk**

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“Paperlite has taken the fear away and with the monthly support I receive, I feel more confident and secure.”

Paperweight is here for you.

Paperlite is a bespoke service of Paperweight.

Paperweight is here to help you sort out financial, legal or administrative matters when you're finding it difficult or impossible to cope. Often people come to us at a time of crisis – for example, after a bereavement, during separation or divorce, or when trying to cope with increasing frailty. The burden of dealing with the practicalities of paperwork and bureaucracy can start to feel intolerable – we are here to help anybody in the Jewish community who feels the pressure is just getting too much. This service (not including Paperlite) is free of charge.

Paperweight offers time, guidance, confidentiality, experience and a good deal of common sense. Our aim is to steer you towards independence and give you the confidence to carry on with your life.

Call our Helpline today on **0330 174 4300** or email **info@paperweight.org.uk** and we will take you through everything you need to know.

Ella used to get very anxious about bills. Now she gets Paperlite.

Ella had struggled throughout her childhood and school years, receiving regular detentions for lost and missed homework, but the penalties in adulthood for missed bills and late applications are a lot more severe than no breaktime.

After being forced to drop out of university, Ella moved into a flat share, renting a room from the landlord. Ella's landlord took responsibility for all the bills and Ella paid her share, along with her rent, by standing order every month.

After a couple of years and following a new job in graphic design for a large advertising agency, Ella moved into a one-bedroom flat and started working from home. Regardless of being neurodivergent with a diagnosis of Dyspraxia and Dyslexia, Ella was still able to manage her workload and meet deadlines. However, she struggled to manage her household bills. Without the buffer of a landlord, Ella's anxiety increased and she developed a phobia of opening post which resulted in the council sending bailiffs to her door for unpaid council tax. Ella's mother contacted Paperweight and she was allocated a case worker from the Paperweight

Money Advice Team who was able to speak to her creditors and arrange bill payments by Direct Debit where available and a payment plan for the repayment of arrears. Once Ella's immediate concerns had been met and after a number of conversations with her, Ella and her caseworker agreed that she would not be able to manage her paperwork herself long term and that Paperlite would offer the on-going support and the help Ella needed to keep the bailiffs from her door.

Created specifically for people like Ella who, due to neurodiversity, physical or mental disabilities or the fragility of becoming older or for any other reason which prevents them from being able to remain in control, will always need extra support.

A Paperlite caseworker will see you for two hours every month for a small monthly contribution and ensure that you have the continued support to live your life without feeling overwhelmed.

“Ella's anxiety increased, and she developed a phobia of opening post.”

